

Juvéderm™

Treatment Considerations

The most commonly reported side effects are temporary injection site redness, swelling, pain/tenderness, firmness, lumps/bumps, and bruising. Exposure of the treated area to excessive sun and extreme cold weather should be minimized until any initial swelling and redness have resolved. If laser treatment, chemical peel, or any other procedure based on active dermal response is considered after treatment with Juvéderm™ injectable gel, there is a possible risk of an inflammatory reaction at the treatment site. Patients who are using substances that can prolong bleeding, such as acetylsalicylic acid or ibuprofen, as with any injection, may experience increased bruising or bleeding at the injection site.

After Your Treatment

You should avoid the following for the first 12 hours:

- Applying makeup to the area
- Touching or pressing on the area that was treated

You should avoid the following for at least 24 hours:

- Strenuous exercise
- Consumption of alcoholic beverages
- Extended exposure to sun, heat, or extreme cold weather
- Manipulation or massaging of the area treated

You should avoid the following for two weeks after the treatment:

- Extreme hot or cold temperatures including saunas or hot tubs
- Prolonged exposure to sunlight or UV light

If you have any questions or concerns about your treatment, please contact Dr. Zidel.