

BOTOX Cosmetic® PATIENT EDUCATION FORM

1. **BOTOX Cosmetic® is an approved, safe prescription drug which is used to reduce or minimize facial wrinkles in the area(s) it is applied.** The treatment involves very tiny injections into the muscles under the skin in order to temporarily relax the muscles. This will prevent the muscles from fully contracting, and thus will minimize the creasing / folding / wrinkling of the skin in the treated area. **The treatment is temporary and not permanent.**
2. **Most patients are interested in a natural, relaxed appearance. Dr. Zidel strives to achieve a natural outcome in conjunction with the patient's treatment goals.** BOTOX Cosmetic® will relax the muscles which contract and thus it help to soften or reduce the wrinkling typically associated with negative expressions such as: worry, anger, stressed appearance, tired, etc. You will still be able to express yourself and to smile. **A BOTOX Cosmetic® treatment often results in a more relaxed, better rested and "fresher" appearance.**
3. **The goal of treatment is NOT to completely immobilize the face and thus complete elimination of lines cannot be guaranteed.**
4. **BOTOX Cosmetic® is applied by a few tiny injections** into the areas discussed between Dr. Zidel and the patient. The needle used is very tiny and feels similar to tiny pinches. Anesthetic is not required and the treatment only takes approximately 15 minutes to perform.
5. You may start to see the results begin within a few days after the treatment, but **full treatment results can take up to 14 days to fully set in. Please wait until 2 weeks has passed before assessing results.**
6. Since it is a temporary treatment, **the results will eventually wear off and BOTOX Cosmetic® will need to be injected again. If you adhere to the recommended treatment frequency schedule,** you will be able to extend the treatment results and potentially reduce the amount of BOTOX Cosmetic® that you require. This treatment approach will reduce your overall treatment costs.
7. The exact number of units used is decided by Dr. Zidel after assessing the patient's muscular structure and discussing the patient's goals of treatment. Every patient is different and will require a different amount of product.
8. **Treatment results may last approximately 3 to 4 months BUT every patient is different due to everyone's unique muscular structure.** Thus, it is important to take note of the date when you begin to notice that your muscles start to regain their movement and thus, begin to create folding/wrinkling of the skin. At this time, Dr. Zidel would be happy to assess you and determine if or when it's time for your next treatment. **CALL DR. ZIDEL at 416-402-2525.**